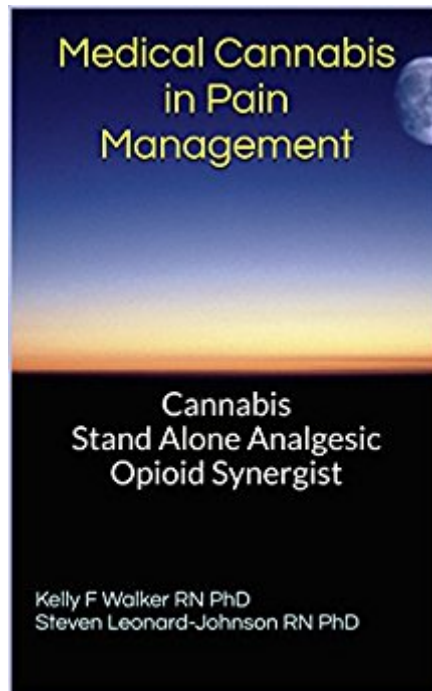


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# Medical Cannabis And Chronic Pain: Cannabis: Stand Alone Analgesic Opioid Synergist



## Synopsis

Pain can strike like lightning. This is your invitation to explore and consider using medical cannabis for your own pain control. This is not about getting high, this is about offering another option to help control pain. When in severe enough pain there is no limit as to what we would do to relieve it. Pain will frighten us. Pain will strike at the core of our well-being and our very sense of survival. Pain means business. Cannabis has helped tens of thousands to relieve their pain; it can and it does work for many. Feel empowered, read on in safety and confidence, hope is on the horizon... It is no secret that treating patients with medical cannabis remains a misunderstood and controversial topic to many. A new word has been coined in the cannabis industry for those who still fear using cannabis: cannaphobia. Contributing to professional cannaphobia are the wide ranges of laws concerning medical cannabis. The laws seem disorganized, ambiguous, and confusing, not only from state to state, but from state to federal level as well. Many practitioners feel they may face trouble from the authorities if they recommend cannabis. On top of this, many practitioners have a lack of understanding of how medical cannabis works. Anyone who absorbs the information in this book will be able to hold his or her own in any conversation on the topic of medical cannabis. I speak to many nurses and doctors who work in a completely allopathic setting, and they are clueless about medical cannabis, especially in the states where it is not as yet legal. This is understandable; however, it's probably not acceptable, in light of the fact that millions of people use cannabis as medicine. I think, as servants to the public, we need to ensure that our medical knowledge reflects the needs and reality of the public, not the other way around. A lack of knowledge about a medicine is not good form, especially in light of cannabis becoming one of the most significant medicines of our time and one of the most popular with the public. EXCERPT FROM CHAPTER 6: Neuro Biological Aspects of Medicinal Cannabis and Chronic Pain

My clinical background has been rounded out from more than thirty years of hospital-based nursing and working as a medical massage therapist and biofeedback therapist in the clinical office setting. I was first licensed as a massage therapist in 1980 and then graduated nursing school in 1985. I received my biofeedback and psychiatric nursing certifications in 1989. I have easily performed thousands of medical massage therapy and clinical biofeedback sessions. I did not mention in my bio that I also did medical massage therapy out of Dr. Jhaveri's medical office in Middletown, New York. It was when working with Dr. Jhaveri that I received my most intensive training in the psychophysiological aspects of stress and pain management. Also, in the summer of 1985, I was a massage therapist at Grossinger's Resort and Country Club in the Catskill Mountains in New York. I received a lot of invaluable training there from Grossinger's longtime resident masseur, a French physical

therapist named Jules Bonnefin, PT, MsT. It was in the day-to-day work, apprenticing with the masters such as Jules and Dr. Jhavari, that I learned my trade. Massage therapists tune into muscles, and muscles at the basic.. END This book was written by best-selling cannabis nurse-author, Steven Leonard-Johnson, RN, PhD, who co-wrote "CBD-Rich Hemp Oil: Cannabis Medicine is Back." Steven's latest book is written with social consciousness in mind. He invited Vietnam Veteran Lieutenant Commander Al Byrne, USN, ret., to write the foreword of this book. By doing so, Lieutenant Commander Byrne has done an exquisite job in presenting a solid rationale for providing medical cannabis to Veterans. This is a powerful book designed to bring forth social change for a more compassionate society.

## **Book Information**

File Size: 4177 KB

Print Length: 116 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 7, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01JZO3Y68

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #417,783 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

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